



Nutrition Facts

88 servings per container

Serving size 85.00 GM (1 omelet)
(85g)

Amount per serving
Calories 80

% Daily Value*

Total Fat 3g **4%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 290mg **13%**

Total Carbohydrate 3g **1%**

Dietary Fiber 0g **0%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 10g

Vitamin D 0mcg 0% • Calcium 10mg 0%

Iron 0.1mg 0% • Potassium 170mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutritional Claims: Gluten Free, Vegetarian

Ingredients

Egg Whites, Soybean Oil, Contains 2% Or Less of the Following: Modified Food Starch, Whey (Milk), Salt, Natural Egg Flavor, Xanthan Gum, Guar Gum.

Case Specifications

GTIN	10746025765018	Case Gross Weight	18.10 LB
UPC		Case Net Weight	16.50 LB
Pack Size	1 / 16.5LB	Case L,W,H	16 IN, 13 IN, 6.50 IN
Shelf Life	365 Days	Cube	0.78 CF
Tie x High	9 x 10		

Preparation and Cooking

Bake: Preheat Temp 350°F; Time from Frozen 35 - 40 min; Time from Thawed 23 - 28 min; Preheat oven. Place a single layer of product in a full-size steamer pan sprayed with non-stick cooking spray; cover pan tightly with foil. Bake until thoroughly heated.

Convection: Preheat Temp 250°F; Time from Frozen 19 - 22 min; Time from Thawed 13 - 16 min; Preheat oven. Place a single layer of product in full-size steamer pan sprayed with non-stick cooking spray; do not cover. Bake until thoroughly heated.

Griddle Fry: Preheat Temp 300°F; Time from Frozen 13 - 16 min; Time from Thawed 7 - 10 min; Preheat griddle. Place product on griddle. Turn over half way through cooking time.

Microwave: Time from Frozen 80 - 90 sec; Time from Thawed 35 - 45 sec; Place product in ungreased microwaveable dish. Cover with plastic wrap and vent. Heat at full power (1200 watt microwave).

Steam: Time from Frozen 30 min; Time from Thawed 8 min; Place single layer of product in an ungreased full-size steamer pan; do not cover.

Steam: Place full load of heated product in a steam table pan. Set temperature at medium. Hold up to 1 hour maximum.

Serving Suggestions

Great for customizable or signature omelets. Excellent protein filling for breakfast wraps and sub sandwiches.

Packaging and Storage

Trucks carrying this product will be loaded and transported in a sanitary manner following all requirements stated in this specification. Product will be transported and stored at a temperature of 0°F (-17.7°C) or below with the actual temperature not to exceed 10°F.

Allergens

CONTAINS:
Eggs or Egg Derivatives, Milk or Milk Derivatives