



**20169-43001-00 - Simply Potatoes®**  
**Refrigerated Essential Red Skin Mashed**  
**Potatoes made with Red Skin Potatoes, 4/6 lb**  
**bags**



Made from fresh red skin potatoes that provide an upscale appearance and color. Quality ingredients including milk, butter and onion are added. Never frozen - arrives prepared, refrigerated and ready-to-heat, simply by boiling-in-bag or steaming. The perfect and easy solution for serving scratch-quality mashed potatoes.

Brand: Simply Potatoes®

# Nutrition Facts

84 servings per container  
**Serving size 130.00 gm ( 1/2 cup ) (130g)**

**Amount per serving**  
**Calories 120**

**% Daily Value\***

<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 450mg	<b>20%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>

**Protein** 3g

Vitamin D 0mcg 0%	•	Calcium 30mg 2%
Iron 0.1mg 0%	•	Potassium 480mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

Potatoes, Whole Milk, Butter (Cream, Salt), Onions, Water, Salt, Cultured Dextrose, Spice.

## Case Specifications

GTIN	10020169430019	Case Gross Weight	25.97 LB
UPC		Case Net Weight	24 LB
Pack Size	4 / 6LB	Case L,W,H	13.27 IN, 9.37 IN, 7.52 IN
Shelf Life	60 Days	Cube	0.54 CF
Tie x High	15 x 6		

## Preparation and Cooking

**Bake:** Preheat Temp 350°F; Place mashed potatoes in a covered pan and place in a preheated (350°F) oven. Stir occasionally for even heating. Cook times will vary, cook until product reaches a minimum temperature of 160°F.

**Microwave:** Place mashed potatoes in microwavable container and cover. Stir potatoes and rotate container during heating. Heating time will vary depending on potato quantity and microwave wattage. Heat in 5 minute increments, stir, and repeat until product reaches a minimum temperature of 160°F.

**Simmer:** Place 1-2 product packages in a kettle with warm water. Cover kettle and bring water to a boil. Reduce heat to medium (low boil) and heat for 20-30 minutes until product reaches a minimum temperature of 160°F. Do not over load the kettle as hot water will splatter.

**Steam:** Place mashed potatoes in a pan and seal tightly. Heat for 15-30 minutes depending on type of steamer and amount of mashed potatoes used. Product must reach a minimum temperature of 160°F.; Due to variance in equipment, heating time and temperature may require adjustment. Product should be heated to 160°F internal temperature.

## Serving Suggestions

Use anywhere or for anything where mashed potatoes are needed. Serve with gravy for traditional offering or create a signature mashed dish by adding on-trend ingredients. Great complementing side dish to any protein, or as an ingredient in an entree.

## Packaging and Storage

Trucks carrying this product will be loaded and transported in a sanitary manner following all requirements stated in this specification. Product will be transported and stored refrigerated at temperatures between 33°F to 40°F.

## Allergens

**CONTAINS:**  
Milk or Milk Derivatives

**MAY CONTAIN:**  
Gmo or Gmo Derivatives

**Nutritional/Diet Claims:** Gluten Free, Vegetarian,  
Kosher YES-OU ORTHODOX UNION