



**20169-17700-00 - Simply Potatoes®**  
**Refrigerated Mashed Sweet Potatoes made**  
**with peeled sweet potatoes, 4/6 Lb Bags**

Made from fresh Sweet potatoes and quality ingredients like real milk, brown sugar and cinnamon. Never frozen - arrives prepared, refrigerated and ready-to-heat, simply by boiling-in-bag or steaming. The perfect and easy solution for serving scratch-quality mashed potatoes.

Brand: Simply Potatoes®



# Nutrition Facts

84 servings per container  
**Serving size 130.00 gm ( 1/2 cup ) (130g)**

**Amount per serving**  
**Calories 120**

**% Daily Value\***

<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 14g	
Includes 6g Added Sugars	<b>12%</b>

**Protein** 2g

Vitamin D 0.3mcg 2%	•	Calcium 60mg 4%
Iron 0.4mg 2%	•	Potassium 360mg 8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Nutritional/Diet Claims:** Gluten Free, Vegetarian, Kosher YES-OU ORTHODOX UNION

## Ingredients

Sweet Potatoes, Skim Milk, Brown Sugar, Margarine (Soybean Oil, Water, Vegetable Mono & Diglycerides, Salt, Natural Flavor (Includes Milk), Vitamin a Palmitate Added, Vitamin D3), Salt, Disodium Pyrophosphate (Added To Maintain Color), Potassium Sorbate (Added To Maintain Freshness), Cinnamon, Xanthan Gum

## Case Specifications

GTIN	10020169177006	Case Gross Weight	25.22 LB
UPC		Case Net Weight	24 LB
Pack Size	4 / 6LB	Case L,W,H	13.31 IN, 9.44 IN, 7.50 IN
Shelf Life	60 Days	Cube	0.55 CF
Tie x High	15 x 6		

## Preparation and Cooking

**Bake:** Preheat Temp 350°F; Place mashed potatoes in a covered pan and place in a preheated (350°F) oven. Stir occasionally for even heating. Cook times will vary, cook until product reaches a minimum temperature of 160°F.

**Microwave:** Place mashed potatoes in microwavable container and cover. Stir potatoes and rotate container during heating. Heating time will vary depending on potato quantity and microwave wattage. Heat in 5 minute increments, stir, and repeat until product reaches a minimum temperature of 160°F.

**Simmer:** Place 1-2 product packages in a kettle with warm water. Cover kettle and bring water to a boil. Reduce heat to medium (low boil) and heat for 20-30 minutes until product reaches a minimum temperature of 160°F. Do not over load the kettle as hot water will splatter.

**Steam:** Place mashed potatoes in a pan and seal tightly. Heat for 15-30 minutes depending on type of steamer and amount of mashed potatoes used. Product must reach a minimum temperature of 160°F.; Due to variance in equipment, heating time and temperature may require adjustment. Product should be heated to 160°F internal temperature.

## Serving Suggestions

Use anywhere or for anything where mashed potatoes are needed. Create a signature mashed dish by adding on-trend ingredients. Great complementing side dish to any protein, or as an ingredient in an entree.

## Packaging and Storage

Trucks carrying this product will be loaded and transported in a sanitary manner following all requirements stated in this specification. Product will be transported and stored refrigerated at temperatures between 33°F to 40°F.

## Allergens

CONTAINS:  
Milk or Milk Derivatives, Gmo or Gmo Derivatives