



14616-76250-00 - Abbotsford Farms®  
 American Humane Certified Cage Free  
 Fully-Cooked 6" x 3" Singlefold Omelet Filled  
 with Cheddar Cheese, 72/3.5 Oz



NULL

Brand: Abbotsford Farms®

## Nutrition Facts

72 servings per container  
 Serving size 99.00 gm ( 1 omelet ) (99g)

Amount per serving  
**Calories 190**

% Daily Value\*

<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 260mg	<b>87%</b>
<b>Sodium</b> 540mg	<b>23%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>

<b>Protein</b> 12g	
Vitamin D 1.4mcg 6%	Calcium 150mg 10%
Iron 1.2mg 6%	Potassium 160mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Nutritional/Diet Claims:** Gluten Free, Vegetarian

### Ingredients

Egg Patty: Whole Eggs, Whey, Dried Cream Cheese (Cream Cheese (Pasteurized Milk And Cream, Cheese Culture, Salt, Carob Bean Gum), N Onfat Dry Milk, Disodium Phosphate, Natural Flavor), Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Citric Acid, Guar Gum, White Pepper, Natural Butter Flavor. Filling: Pasteurized Process Cheddar Cheese (Cheddar Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Milkfat, Sodium Phosphate, Sodium Hexametaphosphate, Salt, Apocarotenal (Color)).

### Case Specifications

GTIN	10014616762501	Case Gross Weight	17.47 LB
UPC		Case Net Weight	15.75 LB
Pack Size	1 / 15.75LB	Case L,W,H	16 IN, 10 IN, 8.31 IN
Shelf Life	365 Days	Cube	0.77 CF
Tie x High	10 x 8		

### Preparation and Cooking

**Bake:** Preheat Temp 350°F; Time from Frozen 45 - 50 min; Time from Thawed 22 - 27 min; Preheat oven. Place a single layer of product in a full-size steamer pan sprayed with non-stick cooking spray; cover pan tightly with foil. Bake until thoroughly heated.

**Convection:** Preheat Temp 250°F; Time from Frozen 24 - 27 min; Time from Thawed 15 - 20 min; Preheat oven. Place a single layer of product in full-size steamer pan sprayed with non-stick cooking spray; do not cover. Bake until thoroughly heated.

**Griddle Fry:** Preheat Temp 300°F; Time from Frozen 14 - 17 min; Time from Thawed 8 - 11 min; Preheat griddle. Place product on griddle. Turn over half way through cooking time.

**Microwave:** Time from Frozen 75 - 85 sec; Time from Thawed 45 - 55 sec; Place product in ungreased microwaveable dish. Cover with plastic wrap and vent. Heat at full power (1200 watt microwave).

**Steam:** Time from Frozen 12 min; Time from Thawed 7 min; Place single layer of product in an ungreased full-size steamer pan; do not cover.

**Steam:** Place full load of heated product in a steam table pan. Set temperature at medium. Hold up to 1 hour maximum.; Due to variance in equipment, heating time and temperature may require adjustment. Product should be heated to 165°F (74°C) internal temperature.

### Serving Suggestions

-American Humane Certified Cage Free -Cage Free Egg Omelet with Cheddar Cheese is an omelet containing cheddar cheese as a filling and hand folded in the middle. -The texture is delicate with a smooth taste characteristic of an omelet.

### Packaging and Storage

Trucks carrying this product will be loaded and transported in a sanitary manner following all requirements stated in this specification. Product will be transported and stored at a temperature of 0°F (-17.7°C) or below with the actual temperature not to exceed 10°F.

### Allergens

CONTAINS:  
 Eggs or Egg Derivatives, Milk or Milk Derivatives, Sulphites or Sulphite Derivatives

### Bioengineering Disclosure

Contains Bioengineering or Bioengineering Derivatives