

# Healthy Growth Grab-and-Go Options



**K-12**  
**MICHAEL**  
**FOODS** INC.

# Healthy Growth Grab-and-Go Options

Pack big-time benefits for your customers' health, as a breakfast, snack, or meal. Papetti's Hard Cooked Eggs make every to-go option filling, and nutritious.



**Mini Pita Pockets Box**

Papetti's® Hard Cooked Egg  
Turkey or ham slices  
Sliced apples  
Mini whole-wheat pita bread

***Child Nutrition Meal  
Pattern Requirements***

*2 oz equivalent of MA  
1 serving of bread  
alternate  
1/2 cup serving of fruit*



**Yogurt & Granola Box**

Papetti's® Hard Cooked Egg  
Low-fat yogurt  
Low-fat whole-grain granola  
Strawberries, blueberries or other fruit

***Child Nutrition Meal  
Pattern Requirements***

*2 oz equivalent of MA  
.50 serving of bread  
alternate  
1/4 cup serving of fruit*



**Hummas Snack Box**

Papetti's Hard Cooked Egg  
Hummus  
Mini whole-wheat pita bread  
Baby carrots

***Child Nutrition Meal  
Pattern Requirements***

*1.25 oz equivalent of MA  
1.00 serving of bread  
alternate  
1/2 cup serving of vegetable*

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**Cheese & Cracker Box**

Papetti's® Hard Cooked Egg  
Lean Turkey cubes  
Cheese cubes  
Seedless red or green grapes  
Whole-grain crackers

***Child Nutrition Meal  
Pattern Requirements***

*3 oz equivalent of MA  
1 serving of bread  
alternate  
1/4 cup serving of fruit*



**Turkey Pinwheel Box**

Papetti's® Hard Cooked Egg  
Baby Carrots  
Seedless red or green grapes  
Turkey Pinwheels

***Child Nutrition Meal  
Pattern Requirements***

*1.75 oz equivalent of MA  
.50 serving of bread  
alternate  
.25 cup serving of fruit  
.75 cup serving of vegetable*



**Vegetarian Snack Box**

Papetti's Hard Cooked Egg  
Strawberries  
Whole-grain crackers  
Part-skim mozzarella stick, halved

***Child Nutrition Meal  
Pattern Requirements***

*2 oz equivalent of MA  
1 serving of bread  
alternate  
1/4 cup serving of fruit*

# Mix and Match 4 Compartment Options:

## Protein

## Carbs

## Veggies

## Fruit

<ul style="list-style-type: none"> <li>Papetti's Hard Cooked Egg</li> <li>Grilled Chicken breast, sliced</li> <li>Chili Lime Shrimp</li> <li>Fresh Mozzarella-Tomato Salad</li> <li>Whole Roasted almonds</li> <li>Smoked or herb fish</li> <li>Spinach egg cheese muffins</li> <li>Turkey</li> <li>Meatballs</li> <li>Yogurt</li> <li>Chick peas</li> <li>Edamame</li> <li>Black beans</li> <li>Tuna, or tuna spread</li> <li>Egg rolls or salad</li> </ul>	<ul style="list-style-type: none"> <li>Mini whole-wheat pita bread</li> <li>Black Bean &amp; Corn Salad</li> <li>Freshly prepared or refrigerated guacamole</li> <li>Blueberry pancakes</li> <li>Mini zucchini muffins</li> <li>Crackers</li> <li>Tortilla wrap</li> <li>Rice</li> <li>Quinoa</li> <li>Tortilla chips</li> <li>Granola energy bites</li> <li>Mini bagels or bagel crisps</li> </ul>	<ul style="list-style-type: none"> <li>Freshly prepared or refrigerated guacamole</li> <li>Carrots</li> <li>Tomatoes</li> <li>Celery</li> <li>Peppers</li> <li>Snap Peas</li> <li>Sliced Cucumber</li> <li>Broccoli</li> <li>Spinach</li> <li>Cauliflower</li> <li>Radishes</li> </ul>	<ul style="list-style-type: none"> <li>Pineapple</li> <li>Oranges</li> <li>Berries</li> <li>Mango</li> <li>Mellon</li> <li>Dates</li> <li>Raisins</li> <li>Apple sauce</li> <li>Grapes</li> <li>Apple slices</li> <li>Kiwi</li> </ul>
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Manufacturer #	Description	Pack Size	Shelf Life
46025-85018-00	Peeled Hard Cooked Eggs Dry Packs	12/12 Ct Bags (144 eggs)	70 days
46025-60900-00	Peeled Hard Cooked Eggs Dry Packs	4/5 Lb Bags (approx. 180 eggs*)	70 days
14616-64100-00	Cage-Free Peeled Hard Cooked Eggs Dry Packs	4/5 Lb Bags (approx. 180 eggs*)	70 days
46025-62105-00	Peeled Hard Cooked Eggs Brine Tubs	1/10 Lb Tubs (approx. 90 eggs*)	56 days
46025-63301-00	Peeled Hard Cooked Eggs Brine Tubs	1/25 Lb Tubs (approx. 225 eggs*)	56 days

\*Rounded approximations based on large eggs

# Salad Building Profits

Freshen up your menu with some of these new recipes.



## Summer Berry and Chopped Chicken Salad

- Papetti's Hard Cooked Egg
- Blueberries
- Strawberries
- Crumbled goat
- Chopped Walnuts
- Shredded or chopped grilled chicken breast
- Balsamic vinaigrette dressing

## Tuscan Tuna Salad

- Papetti's Hard Cooked Egg
- Tuna
- Chickpeas
- Cherry tomatoes
- Feta cheese
- Black olives slices
- Baby spinach leaves
- Olive-oil vinaigrette dressing



## Southwestern Chef Salad

- Papetti's Hard Cooked Egg
- Chopped romaine lettuce
- Cherry tomatoes
- Corn
- Bacon
- Shredded or chopped grilled chicken breast
- Crumbled Cotiga cheese
- Lime-olive oil vinaigrette

# Salad Building Profits



## Chopped Cobb Salad with Chicken

- Papetti's Hard Cooked Egg
- Chopped Romaine lettuce
- Cherry tomatoes
- Bacon
- Shredded or chopped grilled chicken breast
- Blue cheese dressing

## Asian Chicken Chopped Salad

- Papetti's Hard Cooked Egg
- Edamame
- Shredded carrots
- Green onion
- Sliced almonds
- Napa and purple cabbage
- Shredded or chopped grilled chicken breast
- Ginger-soy dressing



## Vegetarian Southwestern Salad

- Papetti's Hard Cooked Egg
- Corn
- Cherry Tomatoes
- Mixed greens and romaine lettuce
- Cilantro
- Black beans
- Toasted pepitas
- Southwestern Ranch dressing



To order today or for more product details, call 800-328-5474  
or visit [michaelfoods.com](http://michaelfoods.com).