



Medi Pasta Salad

An enticing chilled pasta salad featuring sliced chicken, garbanzo beans, Kalamata olives and a tahini-driven olive oil vinaigrette—all on a bed of tasty Dakota Growers® Penne Rigate.

YIELD: 6 PORTIONS
PORTION SIZE: 8 OUNCES

Ingredients **Imperial** **Weight**
Vinaigrette

Ingredients	Imperial	Weight
Olive Oil	¼ c	57g
Lemon Juice	¼ c	57g
Tahini Paste	2 Tbsp	35g
Garlic, minced	½ tsp	2g
Lemon Zest	1 tsp	1g
Kosher Salt	½ tsp	2g
Black Pepper, ground	¼ tsp	0.2g

Salad

Dakota Growers Penne Rigate 6738799320	½ lb	226g
English Cucumber, chopped	1 ¼ c	160g
Cherry Tomatoes, quartered	1 ¼ c	140g
Chicken Breast, grilled, diced	8 oz	226g
Garbanzo Beans, canned, drained, rinsed	1 ¼ c	175g
Kalamata Olives, pitted, sliced	¼ c	32g



Chef's tip

Add ½ cup crumbled feta cheese and ¼ cup chopped Italian parsley for a boost of flavor.

Method of Preparation:

1. For the vinaigrette, combine all ingredients in a bowl. Mix well. Reserve.
2. Cook Dakota Growers Penne per manufacturer's instructions. Chill in an ice bath, drain and reserve.
3. In a large mixing bowl, combine the cooked Dakota Growers Penne and all remaining ingredients. Toss well to evenly coat in vinaigrette and serve.